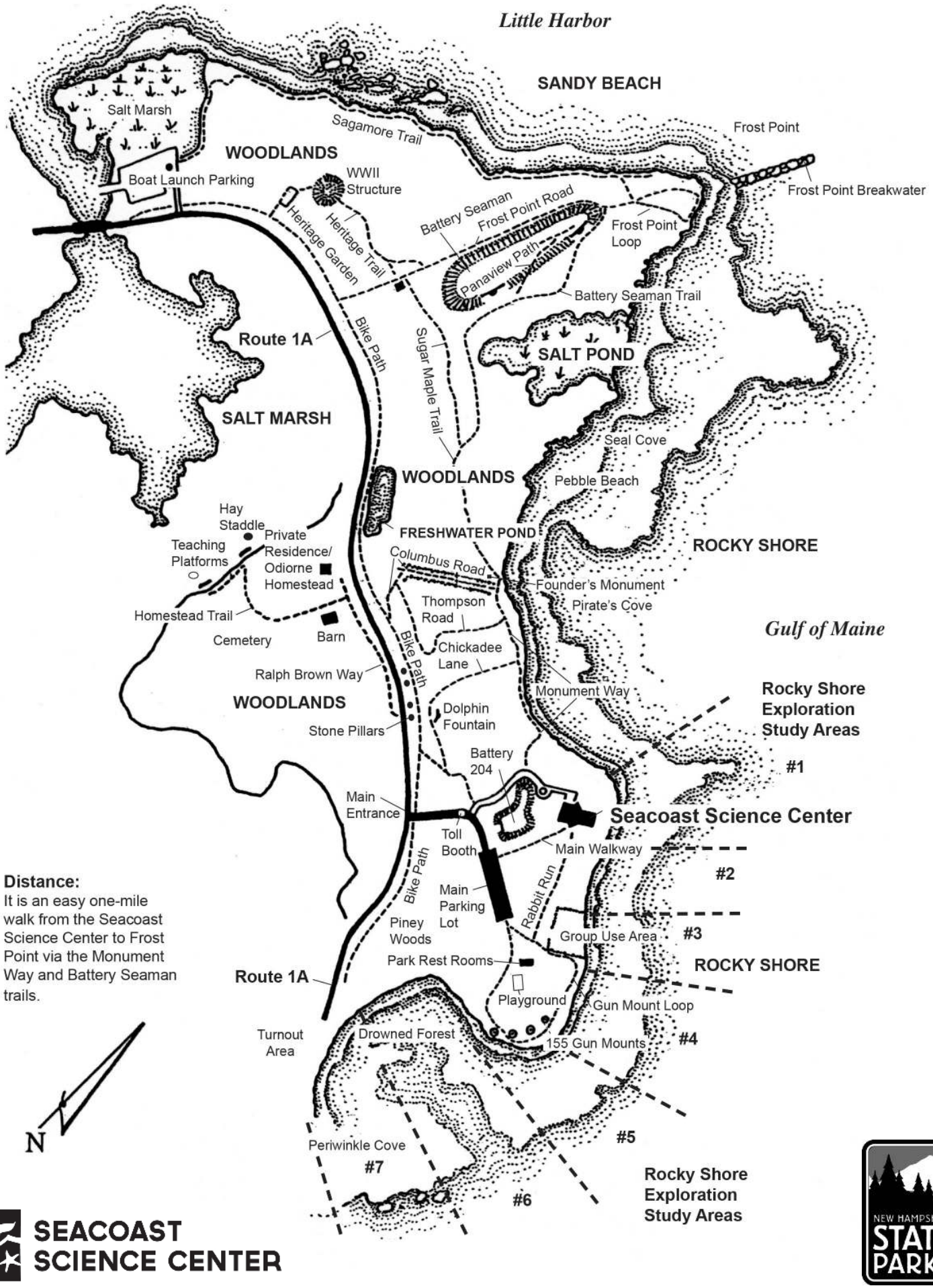
# Odiorne Point State Park Trail Map




**Distance:**
It is an easy one-mile walk from the Seacoast Science Center to Frost Point via the Monument Way and Battery Seaman trails.

SEACOAST SCIENCE CENTER

NEW HAMPSHIRE STATE PARKS