

Make a Flower Press



First, gather your supplies

- Two pieces of cardboard, the same size!
- Smooth paper, like printer paper
- Three rubber bands



Next step

Fold your paper in half and place between your pieces of cardboard.

*You can do more than one layer of paper and flowers!



Make a Flower Press



Gather some **flowers and leaves** from your yard or garden

* Make sure you have permission to pick the flowers you want!

Choose your flowers and create a little arrangement that you like.

*You can also dry single petals or leaves!



Check that your flowers are in place and then place the second piece of cardboard over the paper.

Secure everything in place with the rubber bands



Make a Flower Press

Place your flower press under three or more heavy books.



Remove rubber bands and carefully peel back your paper to see your beautifully pressed flowers. You should allow them to dry fully by leaving them for 3 to 4 days pressed and under the books.

*Dried flowers make great pictures and cards!



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